neighborcare health

XARUMAHA CAAFIMAADKA

EE KU SALAYSAN DUGSIYADA HOOSE

Adeegyadan ardayda dugsiyada sare waxay kaheli karaan:

- Bailey Gatzert Elementary
- Dearborn Park Elementary
- Highland Park Elementary
- Rising Star Elementary
- Roxhill Elementary
- Vashon Island High School
- West Seattle Elementary

neighborcare.org

Jir Caaimaad leh + Maskax Caaimaad leh = Arday Caafimaad leh

Xarumaha caafimaadka ee ku salaysan dugsiyada ee Neighborcare Health waa adeeg caafimaad oo buuxa oo siiya ardayda adeegyada caafimaadka, caafimaadka dhimirka iyo adeegyada caafimaadka ilkaha ardayda. Kooxdeena xarumaha caafimaadka waxay iskaashi la sameeyaan kalkaaliyayaasha dugsiga, macalimiinta iyo shaqaalaha si ay u siiyaan ardayda adeegyo caafimaad oo leh badbaado, daryeel caafimaad oo dhaqan ahaan ku haboon dhalinyarada halka ay ku qaataan waqtigooda ugu vadan oo ah dugsiyada. Waxaan si wadajir ah u caawinnaa horumarinta caafimaadka ardayda iyo awooddooda ay ugu guulaystaan gudaha dugsiga iyo dibada.

Waxaan Joognaa Dugsigaaga

Xarumaheena caafimaadku waxay ku yaalaan 15 dugsi dadweyne oo ku yaala Seattle iyo Jasiirada Vashon. Adeegyada xarunta caafimaadka iyo ballamaha waxay diyaar u yihiin dhammaan ardayda dhigata Dugsiyada Dadweynaha Seattle iyo dhammaan ardayda dhigata dugsiyada dadweynaha iyo kuwa gaarka ah ee Jasiirada Vashon.

Booqo xafiiska hore ee dugsigaaga si aad u ogaato halka ay ku taalo xarunta caafimaadka Neighborcare Health ee dugsigaaga.

Adeegyada Waxaa ka mid ah:

- Qiimaynta iyo daawaynta dhibaatooyinka caafimaadka Guud
- Baaritaannada caafimaadka iyo jirka ee ilmaha
- Daryeelka caafimaadka ee ka hortagga ah
- Talaalada
- La-talinta caafimaadka maskaxda ee shakhsi ahaan, qoys ahaan iyo koox ahaaneed
- Isku-duwidda qoyska si loo dhiso guri daryeel oo caafimaad leh
- Caawinta diiwaangelinta caymiska
- Wax kaqabadka qalalaasaha
- Gudbinta bulshada oo ku salaysan dugsiga
- Horumarinta caafimaadka iyo barashada caafimaadka
- Adeegyada ilkaha, oo ay ku jiraan baarista afka, nadaafada, raajada iyo buuxinta, ayaa laga bixiyaa xarumaheena caafimaadka qaarkood. Kala hadal xarunta caafimaadka dugsigaaga si aad wax badan uga ogaato.

Maalgelinta xarumaha caafimaadka waxaa qayb ahaan taageera **Qoysaska, Waxbarashada, Dugsiyada, iyo Promise of Levy** ee Magaalada Seattle iyo **Best Starts for Kids** investment ee Degmada King.

Neighborcare Health, waxaan aaminsanahay in **qof kasta uu u qalmo guri leh daryeel caafimaad** — iyadoon loo eegin dakhliga ama heerka caymiska. Xirfadlayaasheena caafimaadka waxay la shaqeeyaan arday kasta iyo qoys kasta si ay u horumariyaan **qorshaha horumarinta caafimaadka shakhsi ahaaneed**. Waxaan dhiirigelineynaa xiriirka mustaqbalka fog ee bukaanka iyo daryeelkooda **dhammaan marxaladaha noloshooda**.

Isdiiwaan-geli Maanta

Buuxi oo saxiix foomamka diiwaangelinta xarunta caafimaadka si ilmahaagu u helo dhammaan adeegyada laga heli karo dugsiga.

Ballamaha

Ballamaha waxaa la heli karaa maalmaha shaqada, kahor ama kadib inta lagu jiro iyo saacadaha dugsiga. Waanu xiranahay xilliga fasaxa dugsiga iyo fasaxa xagaaga. Xarunta caafimaadku waxay samayn doontaa wax kasta oo suurtagal ah si loo hubiyo in ardaydu ay seegaan wakhtiga fasalka ugu yar ee suurtogalka ah. Xarunta caafimaadku waxay siisaa Codsiga ku saabsan Warqadaha warbixinta ee ardayda balamaha wakhtiga dugsiga. Ardaydu waxay kaloo booqan karaan rugta caafimaadka iyagoon ballan ka qabin iyagoo fasax ka qaadanaya macalinkooda ama u gudbin kahelaya kalkaalisada dugsiga.

MARKA XARUNTA CAAFIMAADKA LA XIRO, ardayda iyo qoysasku waxay ka heli karaan adeegyada caafimaadka, ilkaha iyo caafimaadka dhimirka ee rug kasta oo Neighborcare Health.

Lacagta iyo Caymiska

Dhammaan ardayda dhigata Dugsiyada Dadweynaha Seattle iyo arday kasta oo ku sugan Vashon waxay heli karaan adeegyada caafimaadka, ilkaha iyo caafimaadka dhimirka ee lagu bixiyo xarunta caafimaadka ee ku salaysan dugsiyada. Waxaan aqbalnaa qorsheyaal caymis caafimaad oo kala duwan, oo ay ku jirto Washington Apple Health (Medicaid). LabCorp waxay ku dalacdaa qorshaha caymiska caafimaadka ardayda ee adeegyada shaybaarka.

Caymiska looma baahna, ardayna looma diidi doono adeegyada sababtoo ah awood la'aanta bixinta Khabiirada u-qalmitaanka ayaa diyaar u ah inay caawiyaan qoysaska iyo ardayda si ay isku diiwaan geliyaan barnaamijyada caymiska caafimaadka.

Neighborcare Health, waxaanu aaminsanahay in dadku ka wada shaqeeyaan sidii ay u horumarin lahaayeen caafimaadka iyo wanaaga bulshadeena. Waxaan u adeegnaa ilaa 60,000 bukaan sanad walba oon ugu adeegnaa 30 kamid ah rugaheena caafimaadka, ilkaha iyo dugsiyada ku salaysan ee Seattle iyo Jasiirada Vashon.

Raadi xarun caafimaad oo ku-salaysan dugsi

Dugsiga Hoose

Neighborcare Health at Bailey Gatzert Elementary D
1301 E Yesler Way, Seattle, WA 98122 | 206-548-3162

Neighborcare Health at Dearborn Park Elementary D
2820 S Orcas St, Seattle, WA 98108 | 206-548-3166

Neighborcare Health at Highland Park Elementary D
1012 SW Trenton St, Seattle, WA 98106 | 206-455-9025

Neighborcare Health at Rising Star Elementary D
8311 Beacon Ave S, Seattle, WA 98118 | 206-548-3168

Neighborcare Health at Roxhill Elementary D
7740 34th Ave SW, Seattle, WA 98126 | 206-452-2660

Neighborcare Health at West Seattle Elementary D
6760 34th Ave SW, Seattle, WA 98126 | 206-548-3164

Dugsiga Dhexe

Neighborcare Health at Denny International Middle School
2601 SW Kenyon St., Seattle, WA 98126 | 206-923-2809

Neighborcare Health at Madison Middle School D
3429 45th Ave SW, Seattle, WA 98116 | 206-933-7842

Neighborcare Health at Mercer Middle School D
7201 Beacon Ave S, Seattle, WA 98108 | 206-762-2394

Neighborcare Health at Robert Eagle Staff Middle School D
1330 N 90th St, Seattle, WA 98103 | 206-548-5770

Dugsiga Sare

Neighborcare Health at Chief Sealth International High School D
2600 SW Thistle St, Seattle, WA 98126 | 206-938-1360

Neighborcare Health at Lincoln High School
4400 Interlake Ave N, Seattle, WA 98103 | 206-548-5760

Neighborcare Health at Roosevelt High School
1410 NE 66th St, Seattle, WA 98115 | 206-527-8336

Neighborcare Health at Vashon Island High School D
9600 SW 204th St, Vashon, WA 98070 | 206-548-7550

Neighborcare Health at West Seattle High School
3000 California Ave SW, Seattle, WA 98116 | 206-658-8048

Raadi Rug caafimaad oo kuu dhaw

Xafiisyaha Caafimaadka & Ilkaha

Neighborcare Health at 45th Street D Rx
1629 N 45th St, Seattle, WA 98103 | 206-633-3350

Neighborcare Health at High Point D
6020 35th Ave SW, Seattle, WA 98126 | 206-461-6950

Neighborcare Health at Meridian D Rx
10521 Meridian Ave N, Seattle, WA 98133 | 206-296-4990

Neighborcare Health at Rainier Beach D Rx
9245 Rainier Ave S, Seattle, WA 98118 | 206-722-8444

Xafiiska Caafimaadka

Neighborcare Health at Columbia City Rx
4400 37th Ave S, Seattle, WA 98118 | 206-461-6957

Neighborcare Health at Lake City
12721 30th Ave NE, #101, Seattle, WA 98125 | 206-417-0326

Neighborcare Health at Magnuson
7101 62nd Ave NE, Suite 4, Seattle, WA 98115 | 206-548-5790

Neighborcare Health at Pike Place Market Rx
1930 Post Alley, Seattle, WA 98101 | 206-728-4143

Xafiiska Ilkaha

Neighborcare Health at Georgetown D
6200 13th Ave S, Seattle, WA 98108 | 206-461-6943

Neighborcare Health at Pacific Tower D
1200 12th Ave S, 4th Floor, Seattle WA 98144 | 206-548-5850

Bukaanka ah hoy la'aanta

Neighborcare Health at Ballard
1753 NW 56th St, #200, Seattle, WA 98107 | 206-782-5939

Neighborcare Health Youth Clinic at 45th Street
1629 N 45th St, Seattle, WA 98103 | 206-633-7650

Neighborcare Health Youth Clinic at New Horizons
2709 3rd Ave, Seattle, WA 98121 | 206-633-7650

Neighborcare Health Youth Clinic at Pike Place Market
1930 Post Alley, Seattle, WA 98101 | 206-633-7650

D = WaxaA LAGA bixiYaa AdeegyadA Ilkaha   Rx = Farmashiyaha goobta

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